



Birth Years for 2025 Age Grade Rugby

Category	Junior U13-U19							Minor U6-U12				
Version	Contact			Contact/Intro to Contact				Intro to Contact/ Non-Contact			Non-Contact	
Age (in 2025)	U19	U18	U17	U16	U15	U14	U13	U12	U11	U10	U9	U6
19	2025											
18	2024	2025										
17	2023	2024	2025									
16	2022	2023	2024	2025								
15	2021	2022	2023	2024	2025							
14	2020	2021	2022	2023	2024	2025						
13	2019	2020	2021	2022	2023	2024	2025					
12	2018	2019	2020	2021	2022	2023	2024	2025				
11	2017	2018	2019	2020	2021	2022	2023	2024	2025			
10	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025		
9	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	
8	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	
7	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	3 year gap
6	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2025
5	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2024
4	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2023
3	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021
2	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2020
1	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2019
Birth Year	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2018

The age grade a Junior rugby player participates at is based on the calendar year. To determine Age Grade use the formula below:

Anyone who turns **X Age** in **2025** is considered **Under X** in our 2025 Season.

A Minor rugby player is anyone born after 2013 in the 2025 Season.